



## Fall 2023 Newsletter

### Rally for the Valley selects Empower Watsonville as its 2023 Recipient

Our fantastic program, Empower Watsonville, was voted to receive the funding raised at the 2023 Rally in the Valley! We are honored and thankful to everyone who voted for our program.

Empower Watsonville is a program of PVPSA and a youth leadership conference organized **by** high school students, **for** high school students. Their vision is to create a community-driven generation of youth who will inspire their peers, create awareness about important issues, and work to solve conflicts in their community.



Thank you to all of our team members who participated and thank you to all the organizations that continuously support our Empower Watsonville Youth Leadership Program. And a special thank you to Community Health Trust of the Pajaro Valley for hosting this annual event. *Together, We Change Lives!*

### Celebrating 20 Years at PVPSA



Our wonderful Chief of Operations Adriana Mata has been working at PVPSA for 20 years as of this month!

What an amazing accomplishment for Adriana and an absolute honor to have her part of the PVPSA team.

Join us in congratulating Adriana on 20 years!

## Save The Date - Our 4th Annual Soup For A Cause

We are excited to announce that our 4th Annual Soup for a Cause is scheduled for Tuesday, November 28, 2023.

Soup for a Cause is PVPSA's annual fundraiser which brings together local leaders, businesses and community members in support of PVPSA and its mission.

We turn the tables and each year our special VIP's are invited to serve the community and honor PVPSA's achievements.

Tickets will be available soon. Follow us on social media to stay updated regarding ticket release information.

We can't wait to see you there!

## Soup for a Cause

**Tuesday, November 28, 2023**

5:30PM - 7:00PM

Civic Plaza Community Room, 275 Main Street, Watsonville

On this year's #GivingTuesday, please join us for our 4th Annual Soup for a Cause in support of PVPSA, including delicious soups, fresh bread, and VIP Poursers!

Sponsored by:

**SHERRY DANG & KIRK DICICCO**



## Mental Illness Awareness

Did you know October 1 through 7 is Mental Health Awareness Week? This is an ongoing effort to reduce the stigma around mental health by sharing our personal experiences.

Join us this week, and every day, as we raise awareness, fight discrimination and provide support for those struggling with mental health. Remember that you are not alone.



## Support PVPSA Today



Your donation to PVPSA will help ensure that we are able to continue to provide comprehensive health education, intervention and prevention services, and direct counseling to the students and families of our community.

With your help, we continue to grow and serve more children and families of the Pajaro Valley.

**You can make a contribution today online at [pvpsa.org](http://pvpsa.org). If you would like to donate via check, please make it payable to - PVPSA, 335 East Lake Avenue, Watsonville, CA 95076.**